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// Include the Arduino Stepper.h library:  
#include <Stepper.h>  
  
// Servo Control - BioAmp EXG Pill  
// https://github.com/upsidedownlabs/BioAmp-EXG-Pill  
  
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#if defined(ESP32)  
    #include <ESP32Servo.h>  
#else  
    #include <Servo.h>  
#endif  
  
// Define number of steps per rotation:  

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#define SAMPLE_RATE 500
#define BAUD_RATE 115200
#define INPUT_PIN A0
#define BUFFER_SIZE 500
#define SERVO_PIN 10
#define EMG_MIN 2
#define EMG_MAX 10

int circular_buffer[BUFFER_SIZE];
int data_index, sum;

Servo servo;

void setup() {
    // Set the speed to 5 rpm:
    myStepper.setSpeed(35);

    // Serial connection begin
    Serial.begin(BAUD_RATE);
    // Attach servo
    servo.attach(SERVO_PIN);
}

///////////
void move_cw(int steps){
    myStepper.step(steps);
}

///////////
void move_ccw(int steps){
    myStepper.step(-steps);
}

///////////
void check_muscle(){
    if (muscle_trigger > 0){
        move_ccw(10);
    }
}

void loop() {
    // Step one revolution in one direction:
    Serial.println("clockwise");
    myStepper.step(stepsPerRevolution);
    delay(500);

    // Step one revolution in the other direction:
    Serial.println("counterclockwise");
    myStepper.step(-stepsPerRevolution);
    delay(500);
}

```

```
// Calculate elapsed time
static unsigned long past = 0;
unsigned long present = micro
```